

## Life Inside My Mind 31 Authors Share Their Personal Struggles

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Life Inside My Mind is a heart-warming book about mental illnesses. This book is made up of a series of essays. These essays are written by 31 authors and about their struggles being mentally disabled, or having someone who is mentally disabled close to them.

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Life Inside My Mind: 31 Authors Share Their Personal Struggles: Johnson, Maureen, Wells, Robison, Oliver, Lauren, Armentrout, Jennifer L., Reed, Amy, Pike, Aprilynne, Wilson, Rachel M., Wells, Dan, Benson, Amber, Anderson, E. Kristin, Fine, Sarah, Fiore-Stultz, Kelly, Hopkins, Ellen, Neumyer, Scott, Chappell, Crissa-Jean, Block, Francesca Lia, ...

**Life Inside My Mind: 31 Authors Share Their Personal ...**  
In this much-needed, enlightening book, 31 young adult authors write candidly about mental health crises, either their own or that of someone very close to them. Ranging from humorous to heartbreaking to hopeful, each story has a uniquely individual approach to the set of circumstances that the writer is dealing with.

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**Life Inside My Mind: 31 Authors Share Their Personal ...**  
Life Inside My Mind Stupid Monsters and Child Surgeons by Maureen Johnson I have had anxiety. I suffered a serious bout of it a few years ago. It hit me like a bolt out of the blue and stuck with me for a while. If you have anxiety, you may know that reading about anxiety usually makes more anxiety.

**Life Inside My Mind: 31 Authors Share Their Personal ...**  
Life Inside My Mind: 31 Authors Share Their Personal Struggles Paperback – 18 April 2019 by Maureen Johnson (Author), Robison Wells (Author), Lauren Oliver (Author), Jennifer L. Armentrout (Author), Amy Reed (Author), Aprilynne Pike (Author), Rachel M. Wilson (Author), Dan Wells (Author), Amber Benson (Author),

**Life Inside My Mind: 31 Authors Share Their Personal ...**  
This gave reading Jessica Burkhart's anthology LIFE INSIDE MY MIND : 31 AUTHORS SHARE THEIR PERSONAL STRUGGLES a particular relevance. Burkhart's book features well crafted essays, covering a range of anxiety conditions, that stand out because of the candour and gutsiness of the writing.

**LIFE INSIDE MY MIND : 31 AUTHORS SHARE THEIR PERSONAL ...**  
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**Life Inside My Mind: 31 Authors Share Their Personal ...**  
Life Inside My Mind: 31 Authors Share Their Personal Struggles. Your favorite YA authors including Ellen Hopkins, Maureen Johnson, and more recount their own experiences with mental health in this...

**Life Inside My Mind: 31 Authors Share Their Personal ...**  
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**Life Inside My Mind: 31 Authors Share Their Personal ...**  
Life Inside My Mind is an anthology of true-life events from writers of this generation, for this generation. These essays tackle everything from neurodiversity to addiction to OCD to PTSD and much more. The goals of this book range from providing a home to those who are feeling alone. ...

**Life Inside My Mind: 31 Authors Share Their Personal ...**  
Life Inside My Mind: 31 Authors Share Their Personal Struggles. Jessica Burkhart (Editor), Maureen Johnson, Robison Wells, Lauren Oliver, Jennifer L. Armentrout, Amy Reed, Aprilynne Pike, Rachel M. Wilson, Dan Wells, Amber Benson, E. Kristin Anderson, Sarah Fine, Kelly Fiore-Stultz, Ellen Hopkins, Scott Neumyer, Crissa-Jean Chappell, Francesca Lia ...

**Life Inside My Mind: 31 Authors Share Their Personal ...**  
Praise for Life Inside My Mind: 31 Authors Share Their Personal Struggles "These bold, brave essays will educate the uninformed and inspire hope in those who may feel alone in their suffering." –Publisher's Weekly .

**LIFE INSIDE MY MIND - Cindy L. Rodriguez**  
Review: Life Inside My Mind: 31 Authors Share Their Personal Struggles Francisco X. Stork, Sara Zarr, Maureen Johnson, Cynthia Hand, and 27 other contributors to this collection are all YA authors. In their essays they all talk about their personal struggles with mental illness or the struggles of a loved one.

**My Head Is Full of Books: Review: Life Inside My Mind: 31 ...**  
Gr 9 Up—in this much-needed, enlightening book, 31 young adult authors write candidly about mental health crises, either their own or that of someone very close to them. Ranging from humorous to heartbreaking to hopeful, each story has a uniquely individual approach to the set of circumstances that the writer is dealing with.

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