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They note that when men turned to pornography in an attempt to reduce

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negative emotions and stress ... less
relationship satisfaction. A very practical
problem, however, is that relational ...

Psychology Today

Instead of yelling, screaming and losing control, we are much calmer and have more control over our emotions. We also go from being ... that God asks you to

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The Four Questions Of Anger

Her enthusiastic fire placements, however, are balanced with her practical Capricorn ... energy heavily impacts our emotions. But with effort and patience, they can overcome whatever emotional

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Johnson says that self-distancing is a helpful strategy in helping us manage our emotions better ... face his insecurities head on in order to

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overcome them. He created something
he called...

**7 mentally tough people and the
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As a reformer he thinks in terms of the
future, but as a scholar and an erudite
he is more than an equal match for any

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Léon Blum

For practical reasons ... can be made to
the emotions, but in making such appeal
care should be taken to avoid
misrepresenting the truth or doing
anything else that would destroy the

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on the practical applications of Craig ...
God wants you to be on the front lines,
helping to overcome evil with good.
Rather than focusing on your ...

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His approach to this problem was the approach not of the revolutionary theorist, like Trotsky, like the Mensheviks, like most of his Bolshevik colleagues, but of the self-made, practical statesman.

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glorify shrewdness and practical ...
Malicious gossip can destroy even great
friendships. Never trust an enemy;
"reformed enemy" is an oxymoron.
Deceit is the only way to overcome an
unscrupulous ...

The relevance of the 'Panchatantra'

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BASHIR: In the practical sense, how did it become difficult ... you know, 'Diana's out to destroy the monarchy', which has bewildered me, because why would I want to destroy something that ...

The Panorama Interview

Compromises are easier to arrive at when dialogue is open and emotions are

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kept in check ... 3. COVID-19 can kill. If you're not worried about yourself, think about your family members ...

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When he discovered the gene, Dr. Stefan

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Pulst thought the therapy would come quickly but finding the gene was only the beginning of the journey. After meeting a family with a different type of nervous ...

All Shows

Dave Grossman often talks about how law enforcement can reduce its

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inhibitions to kill if ... any human emotions, any remorse or compassion at the moment of truth can all be overcome and ...

Police chief training in Novi church with 'Killology' speaker is canceled

Gun locks and gun safes are a much more practical solution for protecting a

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weapon, but have limited use. They
won't keep someone from having their
own gun used against them, and they
have no ...

Firearm Tech - Are Smart Guns Even Realistic?

Further, one can overcome anchoring
bias with logical thinking, due diligence

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and a practical approach driven by
research and not by emotions.

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Anchoring bias indicates an investor
makes decisions ...

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It is generally said that one needs to
manage their emotions during

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negotiation ... Menger, Japanese and
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